

Arbonne Essentials® Women's Balance Menopause Support



A balancing blend of phytonutrients working synergistically to help provide a natural and more comfortable transition through menopause.†

RECOMMENDED FOR: Women managing symptoms associated with menopause including hot flashes, night sweats, mood swings and irritability.†

DIRECTIONS: Take 2 vegetarian capsules once per day with a meal and 8 oz. of water.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Menopause Support Blend	450 mg	**
<i>Cuscuta chinensis</i> (seed) extract powder (10:1), <i>Xylaria nigripes</i> (mycelia) extract powder (5:1), Chinese Motherwort (<i>Leonurus artemisia</i>) (whole) extract powder (10:1), Astragalus (<i>Astragalus membranaceus</i>) (root) extract powder (50:1), Notoginseng (<i>Panax notoginseng</i>) (root) extract powder (50:1)		
Milk Thistle (<i>Silybum marianum</i>) (seed) extract powder (15:1)	140 mg	**
Dong Quai (<i>Angelica sinensis</i>) (root) extract powder (10:1)	100 mg	**
Red Clover (<i>Trifolium pratense</i>) (whole) extract powder (10:1)	100 mg	**
Goji Berry (<i>Lycium barbarum L.</i>) (fruit) extract powder (5:1)	50 mg	**
Black Cohosh (<i>Cimicifuga racemosa</i>) (root) extract powder (10:1)	40 mg	**

**Daily Value not established.

OTHER INGREDIENTS: hydroxypropyl methylcellulose (vegetable capsule).

Arbonne Essentials® Omega-3 Plus



Clear vegan capsules filled with flaxseed oil and vegetarian DHA derived from algae, providing essential omega-3 fatty acids.

RECOMMENDED FOR: Promoting general health and wellness, including mental acuity, eye health and memory function[Ⓓ]

DIRECTIONS: Take 2 capsules, once per day with a meal.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value [†]
Calories 15		
Calories from Fat 15		
Total Fat 1.5 g		2%
Flaxseed oil (<i>Linum usitatissimum</i>)	1,000 mg	**
Alpha-Linolenic Acid (ALA)	600 mg	
Schizochytrium oil (<i>Schizochytrium spp., Whole</i>)	300 mg	**
Docosahexaenoic Acid (DHA)	100 mg	

[†]Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: cellulose (vegetable), silicon dioxide, rosemary extract (antioxidant).



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Arbonne Essentials® Antioxidant & Immunity Booster



A delicious 3 fl. oz. drink containing juices from pomegranate, blueberry, açai, grape, cranberry and other known superfruits; infused with powerful antioxidant and immunity ingredients as well as ingredients for energy.

RECOMMENDED FOR: Daily supplementation of antioxidants and other targeted ingredients to support the immune system[†]

DIRECTIONS: Drink a delicious 3 fl. oz. packet once per day.

Supplement Facts

Serving Size 1 packet (3 fl. oz./90 mL)
Servings Per Container 24

	Amount Per Serving	% Daily Value [†]
Calories	40	
Total Carbohydrates	11 g	4%
Sugars	10 g	**
Vitamin C (as ascorbic acid)	120 mg	200%
Vitamin D (as ergocalciferol)	200 IU	50%
Riboflavin	1.7 mg	100%
Vitamin B12 (as cyanocobalamin)	6 mcg	100%
Zinc (as zinc oxide)	3.75 mg	25%
Selenium (as L-selenomethionine)	35 mcg	50%
Arbonne Antioxidant & Immunity Booster Blend	680 mg	**
<i>Saccharomyces cerevisiae</i> , Milk Thistle (<i>Silybum marianum</i>) (seed) extract powder (25:1), Amla (<i>Phyllanthus emblica</i>) (fruit) extract powder (5:1), Holy Basil (<i>Ocimum sanctum</i>) (leaf) extract powder (10:1), Olive (<i>Olea europaea</i>) (leaf) extract powder (4:1), Elderberry (<i>Sambucus nigra</i>) (fruit) extract powder (4:1), Turmeric (<i>Curcuma longa</i>) (root) extract powder (4:1)		
Arbonne Energy Booster Blend	60 mg	**
Green Tea (<i>Camellia sinensis</i> , 20% caffeine) (leaf) extract, Guarana (<i>Paullinia cupana</i> , 20% caffeine) (seed) extract, <i>Panax ginseng</i> (root) extract powder (3:1), Yerba Maté (<i>Ilex paraguariensis</i>) (leaf) extract powder (5:1)		

[†]Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: water, white grape juice concentrate, apple juice concentrate, pear juice concentrate, concord grape juice concentrate, açai juice, blueberry juice concentrate, pomegranate juice concentrate, cranberry juice concentrate, acerola juice, purple carrot juice concentrate, black carrot juice concentrate, natural flavor, xanthan gum.



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Arbonne Essentials® Digestion Plus



Supplement Facts

Serving Size 1 stick pack (4.65 g)
Servings Per Container 30

	Amount Per Serving	% Daily Value [†]
Calories	15	
Total Fat	0 g	0%
Total Carbohydrate	4 g	1%
Dietary Fiber	1 g	5%
(Chicory) Fructooligosaccharides	1,250 mg	**
Peppermint (<i>Mentha piperita</i>) (leaf) extract powder (10:1)	300 mg	**
Chamomile (<i>Matricaria recutita</i>) (flower) extract powder (10:1)	50 mg	**
<i>Bacillus coagulans</i> (GBI-30 6086) 74 Million CFU/serving	37 mg	**
Arbonne Enzyme Blend	330 mg	**
Protease, Amylase, Invertase, Bromelain (<i>Ananas comosus</i>) (stem) powder, Papain (<i>Carica papaya</i>) (fruit) powder, Acid Maltase, Glycoamylase, Lactase, Alpha-galactosidase, Peptidase, Lipase.		

[†]Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: dextrose, rice bran.

Each single-serving stick packet contains a mild-flavored powder that can be added to any cold or room temperature liquid. Provides prebiotics, probiotics and enzymes to help support optimal digestive health.[‡]

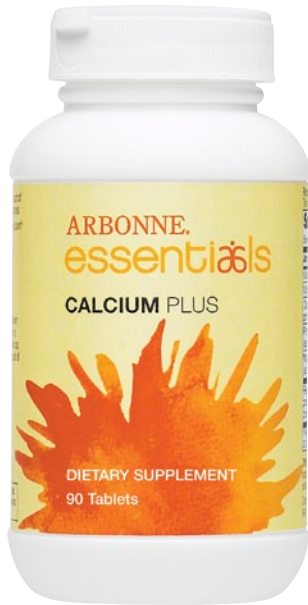
RECOMMENDED FOR: Daily digestion support[‡]

DIRECTIONS: Add one stick pack (4.65 g) to at least 4 oz. of cold/room temperature liquid and stir until mixed. Take once daily, just after a meal.



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Arbonne Essentials® Calcium Plus



A robust blend of calcium, magnesium, vitamin D, red clover and other ingredients to help support healthy bones and many other important biological functions.†

RECOMMENDED FOR: Daily calcium supplementation

DIRECTIONS: Take 3 tablets daily, preferably with a meal.

Supplement Facts

Serving Size 3 tablets
Servings Per Container 30

	Amount Per Serving	% Daily Value†
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (as ergocalciferol)	500 IU	125%
Calcium (as calcium phosphate and calcium citrate)	600 mg	60%
Phosphorus (as calcium phosphate)	250 mg	25%
Magnesium (as magnesium oxide)	100 mg	25%
Red Clover (<i>Trifolium pratense</i>) (flower) extract powder (20:1) (8% isoflavones)	300 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: microcrystalline cellulose, croscarmellose sodium, stearic acid, hydroxypropyl methylcellulose, silicon dioxide, titanium dioxide, glycerin.



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Arbonne Essentials® Herbal Colon Cleanse



A robust blend of cleansing and detoxifying herbs plus beneficial microflora to support colon health.†

RECOMMENDED FOR: Colon health support†

DIRECTIONS: Take 1–3 tablets each evening. Start with 1 tablet and, if needed, increase by 1 tablet each evening up to a total of 3 tablets. Do not take this product for longer than 7 consecutive days unless directed to do so by your physician.

Supplement Facts

Serving Size 1 tablet
Servings Per Container 60

	Amount Per Serving	% Daily Value
LactoSpore®*		
<i>Bacillus coagulans</i> (150 million viable organisms)	25 mg	**
Arbonne Proprietary Herbal Cleanse Blend	375 mg	**
Senna (<i>Cassia angustifolia</i>) (leaf) powder, Cascara sagrada (<i>Rhamnus purshiana</i>) (bark) extract powder (3:1), Rhubarb (<i>Rheum palmatum</i>) (root) powder, Psyllium (<i>Plantago ovata</i>) (husk) powder, Buckthorn (<i>Rhamnus frangula</i>) (bark) powder, Meadowsweet (<i>Filipendula ulmaria</i>) (whole herb) powder, Marshmallow (<i>Althaea officinalis</i>) (root) powder, Slippery elm (<i>Ulmus rubra</i>) (inner bark) powder, Fructooligosaccharides, Aloe Vera (<i>Aloe barbadensis</i>) (leaf) powder		

**Daily Value not established.

OTHER INGREDIENTS: calcium phosphate, microcrystalline cellulose, vegetable stearin, maltodextrin, croscarmellose sodium, silicon dioxide, magnesium stearate, hydroxypropyl methylcellulose.

*LactoSpore is a registered trademark of Sabinsa Corporation.



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Arbonne Essentials® Super Chews for Kids & Teens



A delicious, cherry flavored chew with 15 essential vitamins and minerals, including 300 mg of calcium (equal to one 8 oz. glass of milk), that supports overall health needs of growing kids and teens.

RECOMMENDED FOR: Children over 4 years of age and teenagers

DIRECTIONS: Take 1 chew per day.

Supplement Facts

Serving Size 1 chew (6.2 g)
Servings Per Container 30

	Amount Per Serving	% Daily Value†
Calories	20	
Total Carbohydrates	4 g	1%
Sugars	2 g	
Vitamin A (as retinyl palmitate and 40% as beta-carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	150 mg	250%
Vitamin D (as ergocalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Thiamin (as thiamin mononitrate)	1.5 mg	100%
Riboflavin	1.7 mg	100%
Niacin (as niacinamide)	15 mg	75%
Vitamin B6 (as pyridoxine hydrochloride)	3 mg	150%
Folate	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	15 mcg	250%
Biotin	150 mcg	50%
Pantothenic Acid (as d-calcium pantothenate)	15 mg	150%
Calcium (as tricalcium phosphate and calcium citrate)	300 mg	30%
Phosphorus (as tricalcium phosphate)	150 mg	15%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium oxide)	50 mg	12.5%
Manganese (as manganese citrate)	1.4 mg	70%

†Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: brown rice syrup, dried cane syrup, Arbonne Proprietary Flavor Blend (natural elderberry, black currant, blueberry, cranberry and raspberry flavors), palm kernel oil, citric acid, mono & diglycerides, natural flavor, sunflower lecithin.

Made in a facility that processes dairy, peanut, tree nuts (almond, walnut, pecan, nutmeg), and soy protein.



Arbonne Essentials® Daily Power Packs for Women



Daily nutritional packs containing 5 supplements with multivitamins, multiminerals, probiotics and enzymes, along with bone health and antioxidant formulas targeted to address women's individual needs in an easy-dispensing carton.

RECOMMENDED FOR: Women 18 years and above

DIRECTIONS: Take contents of 1 packet daily with a meal.

Supplement Facts

Serving Size 1 packet
Servings per container 30

	Amount Per Serving	% Daily Value [†]
Vitamin A (60% as beta-carotene and as retinyl palmitate)	5,000 IU	100%
Vitamin C (as ascorbic acid)	150 mg	250%
Vitamin D (as ergocalciferol)	500 IU	125%
Vitamin E (as dl-alpha tocopheryl acetate)	67.5 IU	225%
Thiamin (as thiamine mononitrate)	7.5 mg	500%
Riboflavin	7.5 mg	441%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine hydrochloride)	12.5 mg	625%
Folate	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
Calcium (as tricalcium phosphate)	500 mg	50%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	200 mg	50%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as sodium selenate)	100 mcg	143%
Copper (as copper gluconate)	1.7 mg	85%
Manganese (as manganese gluconate)	2 mg	100%
Chromium (as chromium chloride)	200 mcg	167%
Super Antioxidant Blend	750 mg	**
Green Tea (<i>Camellia sinensis</i>) (leaf) extract powder (15:1), Grape Seed (<i>Vitis vinifera</i>) extract powder (25:1), Cranberry (<i>Vaccinium macrocarpon</i>) (fruit) extract powder (4:1), Black Currant (<i>Ribes nigrum</i>) (fruit) extract powder (36:1), Pomegranate (<i>Punica granatum</i>) (fruit) extract powder (4:1)		
Citrus bioflavonoids (<i>Citrus sinensis</i>) (fruit) extract (6:1)	50 mg	**
Enzyme Blend	48.75 mg	**
Alpha-amylase (<i>Aspergillus oryzae</i>), Protease (<i>Aspergillus oryzae</i>), Lipase (<i>Rhizopus oryzae</i>)		
Black pepper (<i>Piper nigrum</i>) (fruit) extract powder (50:1)	5.5 mg	**
<i>Bifidobacterium longum</i> 50 Billion CFU/g	5 mg	**
Resveratrol (<i>Polygonum cuspidatum</i>) (root)	5 mg	**
Lutein (<i>Tagetes erecta</i>) (marigold flower)	3 mg	**
<i>Lactobacillus acidophilus</i> 150 Billion CFU/g	1.67 mg	**

[†]Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: microcrystalline cellulose, cellulose, hydroxypropylmethylcellulose, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate, lecithin (sunflower), chlorophyllin.



Arbonne Essentials® Daily Power Packs for Men



Daily nutritional packs containing 5 supplements with multivitamins, multiminerals, probiotics and enzymes, along with bone health and antioxidant formulas targeted to address men's individual needs in an easy-dispensing carton.

RECOMMENDED FOR: Men 18 years and above

DIRECTIONS: Take contents of 1 packet daily with a meal.

Supplement Facts

Serving Size 1 packet
Servings per container 30

	Amount Per Serving	% Daily Value†
Vitamin A (60% as beta-carotene and as retinyl palmitate)	5,000 IU	100%
Vitamin C (as ascorbic acid)	150 mg	250%
Vitamin D (as ergocalciferol)	500 IU	125%
Vitamin E (as dl-alpha tocopheryl acetate)	67.5 IU	225%
Thiamin (as thiamine mononitrate)	7.5 mg	500%
Riboflavin	7.5 mg	441%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine hydrochloride)	12.5 mg	625%
Folate	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
Calcium (as tricalcium phosphate)	410 mg	41%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	200 mg	50%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as sodium selenate)	100 mcg	143%
Copper (as copper gluconate)	1.7 mg	85%
Manganese (as manganese gluconate)	2 mg	100%
Chromium (as chromium chloride)	200 mcg	167%
Super Antioxidant Blend	750 mg	**
Green Tea (<i>Camellia sinensis</i>) (leaf) extract powder (15:1), Grape Seed (<i>Vitis vinifera</i>) extract powder (25:1), Cranberry (<i>Vaccinium macrocarpon</i>) (fruit) extract powder (4:1), Black Currant (<i>Ribes nigrum</i>) (fruit) extract powder (36:1), Pomegranate (<i>Punica granatum</i>) (fruit) extract powder (4:1)		
Saw Palmetto (<i>Serenoa repens</i>) (fruit) extract powder (18:1)	640 mg	**
Citrus bioflavonoids (<i>Citrus sinensis</i>) (fruit) extract (6:1)	50 mg	**
Enzyme Blend	48.75 mg	**
Alpha-amylase (<i>Aspergillus oryzae</i>), Protease (<i>Aspergillus oryzae</i>), Lipase (<i>Rhizopus oryzae</i>)		
Black pepper (<i>Piper nigrum</i>) (fruit) extract powder (50:1)	5.5 mg	**
<i>Bifidobacterium longum</i> 50 Billion CFU/g	5 mg	**
Resveratrol (<i>Polygonum cuspidatum</i>) (root)	5 mg	**
Lutein (<i>Tagetes erecta</i>) (marigold flower)	3 mg	**
<i>Lactobacillus acidophilus</i> 150 Billion CFU/g	1.67 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: microcrystalline cellulose, hydroxypropylmethylcellulose, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate, cellulose, lecithin (sunflower), chlorophyllin.

